UF | Small Business Relations
UNIVERSITY of FLORIDA

Small Business Directory

Company Name
Sila Performance

City
Jacksonville

State
FL

Contact Name (First and Last)
Amber Shields

Email
coach@movewithsila.com

Phone
(904) 915-9594

Website
www.movewithsila.com

Do you have a UF Supplier ID?
No

Is the owner a UF alum?
No

General Description of Services
- Personal and Domestic Services